

Youth JBO Coaches Clinic for Rookie thru Senior Levels

Date: Saturday January 28, 2012

Time: 2:00pm to 6:00pm

**Place: North Marion Field House (Next to Varsity
Baseball Field)**

**Cost: \$20ea (4 or more coaches from one assoc \$15 ea)
Call Randy Brack for reservations (503-981-5555)**

Dinner Provided

Speakers:

**Tucker Brack: University of Portland Assistant Coach
(Infielders/Hitters)**

**Randy Brack: 23 Years Head Coach North Marion HS
(Pitchers/Hitters)**

Possible Guest Speaker

- **Intro 2:00-2:10**
 1. ● **Infield Play (Tucker Brack) 2:10-2:40**
 2. ● **Drills**
 3. ● **Positioning**
 4. ● **Situation**

- **Outfield Play (Randy Brack) 2:40-3:10**
 1. ● **Drills**
 2. ● **Making an OF fill important**

- **Catching (Guest Speaker) 3:10-3:40**
 1. ● **Finding your Catcher**
 2. ● **Fundamentals**
 3. ● **Drills**

- **Dinner 3:40-4:00**

- **Pitching (Randy Brack) 4:00-4:30**
 1. ● **Delivery**
 2. ● **Pitches**

- **Practice Planning 4:30-5:00**
 1. ● **What do you want from your practice?**
 2. ● **How to plan**
 3. ● **Sample**

- **Hitting (All Coaches) 5:00-5:30**
 1. ● **Stance**
 2. ● **Swing**
 3. ● **Drills**
 4. ● **Building Confidence**

- **Umpires 5:30-6:00**
 1. ● **Rule Changes**
 2. ● **Questions**

- **Closing 6:00**